

For Ex 14.15-14.18, there's no need to check N or $-N$.

14.15 $J_\varphi = \begin{pmatrix} -a \sin \theta \sin \phi & a \cos \theta \cos \phi \\ a \cos \theta \sin \phi & a \sin \theta \cos \phi \\ 0 & -a \sin \theta \end{pmatrix} = (E_1, E_2)$, $N = (\cos \theta \sin \phi, \sin \theta \sin \phi, \cos \phi)$
 $L_p(E_1(p)) = \nabla_{(p,1,0)} N = -\frac{\partial N}{\partial \theta} = (\sin \theta \sin \phi, -\cos \theta \sin \phi, 0) = \frac{1}{a} E_1(p)$
 $L_p(E_2(p)) = -\nabla_{(p,0,1)} N = -\frac{\partial N}{\partial \phi} = (\cos \theta \cos \phi, \sin \theta \cos \phi, -\sin \phi) = \frac{1}{a} E_2$. So $k(p) = \frac{1}{a^2}$

14.16 $J_\varphi = \begin{pmatrix} 0 & -\sin \theta \\ 0 & \cos \theta \\ 1 & 0 \end{pmatrix}$ $N = (\cos \theta, \sin \theta, 0)$ $L_p(E_1(p)) = (0, 0, 0) = 0 \cdot E_1(p)$ So $k(p) = 0$

14.17 $J_\varphi = \begin{pmatrix} E_1 & E_2 \\ \cos \theta & -t \sin \theta \\ \sin \theta & t \cos \theta \\ 0 & 1 \end{pmatrix}$ $N = (\sin \theta, -\cos \theta, t) / \sqrt{t^2+1}$
 $L_p(E_1(p)) = (-\sin \theta + (t^2+1)^{-3/2}, \cos \theta + (t^2+1)^{-3/2}, (t^2+1)^{-3/2})$
 $L_p(E_2(p)) = (\cos \theta (t^2+1)^{-3/2}, \sin \theta (t^2+1)^{-3/2}, 0)$ $\det[E_i(p), E_j(p)] = t^2+1$.
 $\det[L_p(E_i(p)) - E_j(p)] = \begin{vmatrix} 0 & (t^2+1)^{-1/2} \\ (t^2+1)^{-1/2} & 0 \end{vmatrix} = -(t^2+1)^{-1}$ So $k(p) = -(t^2+1)^{-2}$

14.18 $J_\varphi = \begin{pmatrix} \cosh t & 0 \\ \sinh t \cos \theta & -\cosh t \sin \theta \\ \sinh t \sin \theta & \cosh t \cos \theta \end{pmatrix}$ $N = (\sin \theta, -\cosh t \sin \theta, -\cosh t \cos \theta) / \sqrt{\cosh 2t}$
 Using the fact that $\nabla_{E_i} E_j = (\frac{\partial^2 \varphi_i}{\partial x_i \partial x_j}, \dots, \frac{\partial^2 \varphi_{n+1}}{\partial x_i \partial x_j})$,
 we have $\nabla_{E_1} E_1 = (\sinh t, \cosh t \cos \theta, \cosh t \sin \theta)$ $\nabla_{E_1} E_2 = \nabla_{E_1} E_1 = (0, -\sinh t \sin \theta, \sinh t \cos \theta)$
 $\nabla_{E_2} E_2 = (0, -\cosh t \cos \theta, -\cosh t \sin \theta)$
 $\det[E_i(p), E_j(p)] = \cosh 2t \cdot \cosh^2 t$. $\det[\nabla_{E_i} E_j \cdot N(p)] = -\cosh^2 t / \cosh 2t$
 So $k(p) = -(\cosh 2t)^{-2}$

14.19 $J_\varphi = \begin{pmatrix} 0 & 0 & 0 \\ 2x & 2y & 2z \\ 2x & 2y & 2z \end{pmatrix}$ $N = (2x, 2y, 2z) / \sqrt{4(x^2+y^2+z^2)}$. $L_p(E_i(p)) = \frac{\partial N}{\partial x_i} = H_{\varphi_i} = H_{\varphi_2} = H_{\varphi_3} = 0$
 $H_{\varphi_1} = \text{diag}(2, 2, 2)$ So $\nabla_{E_i} E_i = (0, 0, 0, 2)$ for $i=1,2,3$. $\nabla_{E_i} E_j = (0, 0, 0, 0)$ for $i \neq j$.
 $\det[E_i(p), E_j(p)] = \begin{vmatrix} 4x^2 & 4xy & 4xz \\ 4xy & 4y^2 & 4yz \\ 4xz & 4yz & 4z^2 \end{vmatrix} = 16(x^2+y^2+z^2)^3$.
 $\det[\nabla_{E_i} E_j \cdot N(p)] = -8(16(x^2+y^2+z^2))^{-3/2}$. So $k(p) = -8(16(x^2+y^2+z^2))^{-5/2}$

14.20(a) $J_\varphi = \begin{pmatrix} x' & 0 \\ y' \cos \theta & -y' \sin \theta \\ y' \sin \theta & y' \cos \theta \end{pmatrix}$ $N = (y', -x' \cos \theta, -x' \sin \theta) / (y'^2 + x'^2)^{1/2}$
 $H_{\varphi_1} = \begin{pmatrix} x'' & 0 \\ 0 & 0 \end{pmatrix}$, $H_{\varphi_2} = \begin{pmatrix} y'' \cos \theta & -y' \sin \theta \\ -y' \sin \theta & -y \cos \theta \end{pmatrix}$, $H_{\varphi_3} = \begin{pmatrix} y'' \sin \theta & y' \cos \theta \\ y' \cos \theta & -y \sin \theta \end{pmatrix}$
 $\nabla_{E_1} E_1 = (x'', y' \cos \theta, y' \sin \theta)$ $\nabla_{E_2} E_2 = \nabla_{E_2} E_1 = (0, -y' \sin \theta, y' \cos \theta)$, $\nabla_{E_3} E_3 = (0, -y \cos \theta, -y \sin \theta)$
 So $\det[E_i(p), E_j(p)] = \begin{vmatrix} x'^2 + y'^2 & 0 \\ 0 & y'^2 \end{vmatrix} = y'^2 (x'^2 + y'^2)$
 $\det[\nabla_{E_i} E_j \cdot N(p)] = \begin{vmatrix} x'' y' & 0 \\ 0 & x' y' \end{vmatrix} / (x'^2 + y'^2) = (x'' y' - x' y'') x' y / (x'^2 + y'^2)$
 So $k(p) = x' (x'' y' - x' y'') / y (x'^2 + y'^2)^2$

(b) If $\|x(t)\| = 1$, then $x'^2 + y'^2 = 1$ $\ddot{x} \cdot x = 0$, i.e. $x'' x' + y'' y' = 0$
 So $x' x'' y' = -y'' y'^2 = -y'' (1 - x'^2)$. So $k(p) = \frac{1}{y} (-y'' + y'' x'^2 - x'^2 y'') = \frac{-1}{y} y''$